



Hair Mineral Analysis

(Please print out and complete the below information and forward your hair sample and completed forms to the address provided at the end of this form)

PATIENT INFORMATION:

Surname _____

Given Name(s) _____

Address _____

Suburb _____ State _____

Postcode _____ Country _____

Phone # _____ Mobile # _____

e-mail: _____

Date of Birth ____ / ____ / ____ Gender M / F (please circle)

Females only: - Pregnant? Y / N (please circle)

General Health _____

Ethnic Background _____

Occupation _____

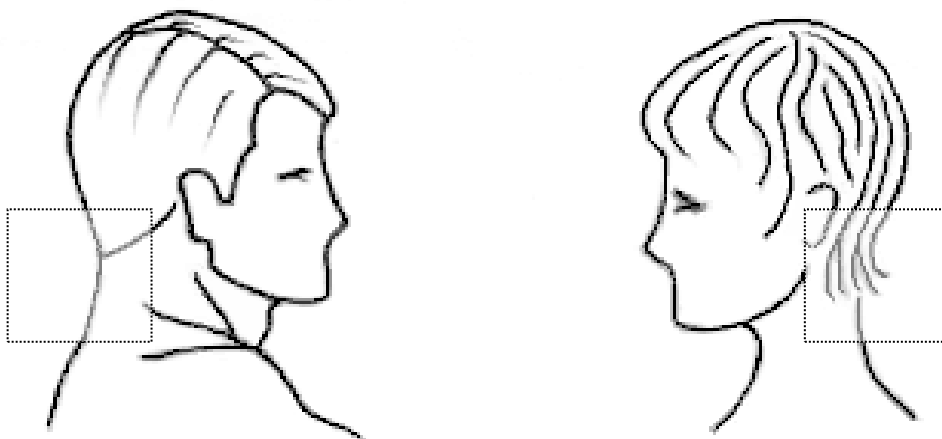
Medication (if any) _____

SAMPLING INSTRUCTIONS:

A minimum of one heaped dessertspoon (or no less than 1 gram) of hair is required.

Hair Sample Location:

- In preparation of taking sample, shampoo hair and rinse thoroughly with water. Preferably do not condition.
- Clean untreated hair is preferable as some chemical treatments can alter trace element readings. Untreated hair can normally be found under covering hair at the nape of the neck.



- Hair sample should be taken, using clean scissors or razor, from the nape of the neck as illustrated above. For the most accurate analysis, cut a sample no longer than 2-2½ inches (5cm) of the newest growth, regardless of length of hair.
- Using hair further from the root produces older results as hair acts like a time-line for the element content of the body. Using body hair can also show results over a longer period.
- Do not mix head hair with any other type of hair. If body hair is used, please seal it separately and mark accordingly.
- Place your sample straight into a paper envelope DO NOT use a ziplock bag and do not wash after cutting.

SAMPLE INFORMATION:

Location of Sample

☐ Nape (of neck)
 ☐ Other (specify): _____

Shampoo Brand _____

Conditioner Brand _____

Other Products _____

Hair Treatment(s) _____

☐ Bleached
 ☐ Permed
 ☐ Other (specify) _____

☐ Dyed:

Colouring agent Brand: _____ Colour: _____

Time since last coloured: _____ or Date of last colour: _____

Results returned to:

Practitioner by e-mail only

Practitioner Details

Name: Russell Browne Provider #: 506 777

Clinic Name: Natural Health Group Pty Ltd

Address: PO Box 607, Yeppoon

State: QLD Postcode: 4703 Country: Australia

Phone #: 02 80074369

e-mail contact@naturalhealthgroup.com.au

Signature: (of test requestor) Russell Browne

Please send hair sample and completed forms to:

Natural Health Group
 c/- Russell Browne
 PO Box 607,
 Yeppoon, QLD, 4703, Australia

Enough hair:



Your hair is a timeline.

Your most accurate health is displayed close to the scalp. To ensure we calculate your most accurate health status, have someone else cut a large enough hair sample; that is, taken close to your scalp area up to 5cm or 1.5" long, and no less than a heaped tablespoon.

NOT enough hair:

